



## **Letter of Veracity**

To Whom It May Concern,

This Online Community Service Program is a valuable intervention for individuals completing court-ordered or school-mandated service hours. Rooted in evidence-based psychological principles, it promotes self-reflection, accountability, and behavioral change.

Recognizing the diverse challenges that participants may face, the program offers a comprehensive curriculum addressing key areas of behavioral reform, including substance abuse, alcohol and marijuana education, theft and shoplifting prevention, and truancy prevention. Additionally, courses on civic responsibility, cultural sensitivity and diversity, education and mentoring, and life-skills training help participants build a stronger sense of personal and social responsibility, which is fundamental for successful reintegration into society.

The structured curriculum covers essential topics such as anger management, victim awareness, conflict resolution, emotional regulation, and ethical decision-making. Interactive learning strategies and guided self-reflection enhance emotional awareness, workplace ethics, defensive driving, and traffic safety. By targeting key behavioral challenges, the program effectively supports rehabilitation and reduces recidivism.

Based on my professional assessment as a clinical and counseling psychologist, this Online Community Service Program is a credible and impactful resource for individuals seeking behavioral change and rehabilitation. It provides an accessible and structured pathway for participants to develop constructive coping mechanisms, conflict resolution strategies, and a deeper understanding of the consequences of their actions.

I confidently endorse this program as an effective intervention tool within the justice system, educational settings, and rehabilitation programs. Its holistic approach to personal growth and accountability aligns with best practices to make it a valuable resource for those seeking meaningful transformation.

Sincerely,

A handwritten signature in cursive script, reading "Aleksandra Trajkovska".

Aleksandra Trajkovska  
MSc, Clinical and Counseling Psychologist