



Letter of Veracity

To Whom It May Concern,

This letter of veracity is my professional opinion regarding this Online Community Service program. This program is designed as a court-ordered or school-mandated way for participants to fulfill their community service hours.

I have worked with offenders in the past in a residential treatment center. So, I am experienced with this population. This program is very well-designed and utilizes elements of cognitive behavioral therapy, mindfulness, and distress management to help the participants cope more effectively with their emotions and make better decisions in the future.

The program teaches the participant important life skills like conflict resolution, victim awareness, personal responsibility, and empathy building. It also addresses such issues as anger management, substance abuse, and shoplifting. The Online Community Service Program is extremely comprehensive but organized and written in a thoughtful way that is easily understood.

It contains structured lessons and reflective exercises that help participants develop a deeper understanding of the consequences of their actions. Based on my experience as a therapist and a behavioral health coach, I believe this program offers a valuable and effective approach to helping people.

Sincerely,

A handwritten signature in blue ink that reads "Kaye Smith PhD". The signature is fluid and cursive.

Kaye Smith PhD
Behavioral Health Coach